



Feast or Famine



Lesson Overview:

"Feast or Famine" is a board game that explores how challenging it can be for many people to get food. The game, developed in Atlanta, is available from Mass 4-H and is appropriate for ages 8-14 and can be played by 2-6 players at a time. Note: Each 4-H office has a game, which may be borrowed by 4-H clubs.

Objective: 4-Hers will learn about the challenges to obtain food by those in need and food security.

Materials: A copy of the game "Feast or Famine"

Discussion: The game package contains a "teacher's" guide with game directions, "talk about it" points, as well as websites for hunger resources, advocacy, and policy. This game is all about learning and there is plenty to go around for everyone with this kit!